



# From a Difficult Life, Emerge Out-of-this-World Gifts...*Part 2*

By Melissa Jagst, with Karen Larre

In the last issue, I talked a little bit about my childhood, including my first encounter with spirits and the difficulty I had living in a roommate situation with my mom. After a while, we were finally able to move into our own apartment, but as a single parent my mom really struggled.

My mom started dating a man named Vic and I visited my dad every other weekend. Then my mom started drinking heavily. One day she walked in on Vic and me, lying on the floor. Vic was French kissing me, and she kicked him out. After that relationship, my mom met a new man who later became my stepfather. About the same time, my father met a new woman who became my step mother and changed his faith. He became a born-again Christian. Suddenly, I felt like I didn't belong anywhere. I just didn't fit in no matter which home I was in, except when I visited my grandparents. There I felt safe and loved. How wonderful it would have been to live there all of the time!

In my mixed-up, confusing, difficult childhood, I would talk to what was commonly accepted in society as my "imaginary friends". I played alone a lot, but always knew I was never really alone. I had prophetic dreams and thought everyone dreamt about things before they happened. As I met new people, I realized that I just "knew things" about them and later would learn that those things were true.

Today spirits talk to me all the time. This concept stirs fear in some people, although it really is not so mysterious...at least not in the context in which I communicate. You see, my goal in life to help people who have loved ones who have passed on to converse with them once again – to ask questions they might not have had the time or presence of mind to ask – to be assured that their loved one is safe and happy – to experience the closure they may be seeking.

Considerable preparation goes before any communication with spirits on the other side. I pray for protection for myself and the person(s) and spirits I am dialoguing with. I ask for guidance from God, my angels and guides, and my client's angels and guides. I ask that the information that comes forth be in alignment with the highest good of all concerned.

And so as this communication with spirits happens, messages come in different ways. Sometimes they show me a "visual." It's like I'm there, in the scene, watching everything that's going on; hearing the sounds, smelling the fragrances, feeling the feelings, etc. Some spirits feel as though they are standing right next to me, talking in my ear. Sometimes the message bypasses my brain completely and comes directly out of my mouth. I have very little conscious participation in the conversation. Whatever the form the communication takes, it does not frighten me. I have no judgment of anyone, whether it's the person here on earth I'm communicating with or the corresponding spirit on the other side. My intention for the highest good for all concerned always

prevails.

Recently a man, a true skeptic came to me for a reading. His father passed away and he asked, "what was the childhood nickname my dad used to call me?" I took a minute and then a Spanish word for bug came out of my mouth (I don't know a word of Spanish). He was shocked and his face lit up! It was correct, and we went on to have a truly heartfelt two-way conversation with his deceased father. I always have a moment of fear when faced with situations like this (and clients challenge me this way all the time), but afterwards I am always amazed, right along with my clients and remember...it's not me...it's not me.

*Melissa Jagst is a medium and psychic channel. Every client has the opportunity to meet with Melissa and get a sense of whether or not they feel there is a successful connection and dialogue with their loved one. The session can be terminated within 5 minutes at no charge. Call (505) 730-1265, email angels@psychicmelissa.com for more information, or visit her website at www.psychicmelissa.net.*

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