



# Heal Your Heart

Connect with loved ones who have passed over...

By Melissa Jagst

Since childhood, I have been aware that I possessed gifts that other people didn't seem to have. I had the ability to connect with higher realms, to see spirits, receive messages and sometimes have an awareness of future events before they happened. Back then, I didn't know what to do with these gifts.

Growing up was extraordinarily difficult and I struggled significantly into early adulthood. I lived in the realm of humanity, focusing my attention primarily on how awful I felt, how difficult life was and how much I didn't want to be here. Out of the dregs of despair, one day I made a decision to pull myself out of that place and get my life together. It took several years, but my life started to turn around completely and I began to feel like I could make it in the world.

Later I met Master Channel and Teacher Betsy Coffman. I heard that she claimed to converse with angels and I was incredibly skeptical – even though I had had so many otherworldly experiences myself. I spent some time around this “Master Psychic” and eventually completed a series of classes with her. During one of these classes, I started having visions and hearing voices. Later, when the students were answering questions for each other, I was asked the question, “I had a friend who passed away and I want to know, how is she doing?” (At this point, I was thinking that everyone was making up the answers they were giving.) Always the skeptic I thought to myself, “how can I possibly make something like that up?” Right after that thought something came out of my body and I felt the woman that was asked about come into my body completely. I started uncontrollably sobbing. I couldn't speak and we left it at that. That night I started having pains throughout my body and visions that this woman was murdered. I started choking and feeling like I was suffocating. Betsy called the woman to share my experience and she said that the information I received in every aspect was accurate. The woman had been stabbed to death. Later, I saw this classmate again and I brought through more information and details about the event. My classmate said that everything I shared was absolutely true, and that this had been the most amazingly accurate information she could have possibly received. I was astounded. The information certainly did not come from me. In that moment, I went from being the ultimate skeptic to a heartfelt believer.

Since that time, I have read for numerous others as well

as members of my family. The types of readings I enjoy most are those in this area of “mediumship.” I connect VERY easily and quickly to loved ones on the other side and have been able to assist in the healing process for many who have lost a loved one and felt they had more to say.

My boyfriend lost his mother suddenly 4 years ago and was still grieving. I contacted his mother and he asked, “Is there anything of yours you would like me to have?” She responded, “Yes, my journals,” and went on to provide a list of other items.” She also said, to him, “I love you and thank you.” My boyfriend was touched and surprised when she talked about the journals, as he had never known his mother to keep a journal. He called his step mom and asked about the journals. She told him, “Yes, they are here, and there are about a dozen of them. Your mother kept them since she was about 25 or 30 years old.” Every single other item that had been named by his mother in the reading was located, and exactly where she said it would be. This experience provided such deep healing for my boyfriend that he truly enjoys life from a new perspective now. He knows without a doubt that his mother is safe and secure; that she still loves him and is available to speak to him whenever he wants.

A woman came to me asking me to contact her grandfather who passed away recently. She asked, “How is he doing?” A very calming sensation came over us. She asked, “Give me a sign that it's him.” A gold heart necklace appeared in my consciousness and it was hanging around an urn. I asked her if the images made any sense to her. She said that she didn't know where she had gotten the necklace, but that a one just like I described had turned up about the time of her grandfather's death and that it was hanging around his urn. Her grandfather told me that it was the woman's great grandmother's (his mother's) necklace. The woman wanted more confirmation. She asked, “What did I get right before the necklace showed up that my grandfather could not be a part of?” The question was phrased in a confusing manner on purpose; if the answer to this was genuine, she would know for sure that she was talking to her grandfather. The question didn't make sense to me, but the answer came instantly, “The car.” The woman burst into tears. Just a few days after her grandfather's death, her family gave her a new car for her birthday and her grandfather wasn't there to be a part of her special day or ride in the car.

**So what does a channeling or mediumship appointment look like?**

During a channeling session, I do a centering which allows me to contact your angels and guides, or your departed loved one(s). The rest of the time is open for questions. It's an incredibly fun and rewarding experience for both of us, and can be deeply healing for you.

**Do you do predictions about the future?**

What I like to point out about this process is that when a psychic "sees" an event or outcome prior to it's occurring in time and space, the psychic is "reading" the event as it is set in motion to occur at that moment in time. Because we have free will, we can make different choices at any time that will alter the course of events from what was originally "seen". In this way, predictions can be helpful to allow you to see where you are headed if you do not change course.

My real passion is working loved ones on the other side. In my experience, the opportunity for healing is so much greater because we don't always have (or take) the opportunity to heal with loved ones while they are with us. Through our grief and loss, we are often more willing to heal with them when they are on the other side. Our loved ones can also be much more understanding and easier to talk to on the other side, so the whole process of healing is transformed.

*Melissa Jagst is a Master Psychic, Channel and Medium. She is available for readings over the phone, in person and by email. She provides detailed answers to individual questions as well offering ½ hour, 45 minute, 1 hour (or longer) readings if desired. Her fees start at \$5.00 for one email or phone yes or no question, and \$15.00 for one, one part detailed email or phone question, limited to a 15 minute answer. Contact Melissa at (505)-730-1265, angels@psychicmelissa.net or visit her website at www.psychicmelissa.net.*



*mediumship readings*

**Psychic Melissa**  
505.730.1265  
www.psychicmelissa.net  
angels@psychicmelissa.net