



# From a Difficult Life, Emerge Out-of-this-World Gifts...*Part 4*

By Melissa Jagst, with Karen Larre

Over the past four articles I've shared with you some insight into my childhood years, along with a few stories about talking with clients and their loved ones who have crossed over to the other side.

Here's a bit more about my life between the ages seven to 11 years. I continued to have difficult times with my step father, who was *very* verbally abusive. My mom still wasn't able to stand up for me. At my dad's, my step mom *really* didn't want me around and considered me my dad's baggage. I traveled back and forth between both homes, not feeling wanted and without a sense of belonging in either place. As a result, I learned how to wear many different masks to cover my pain.

The summer before my ninth birthday, my dad and step mom had their first child. I was excited to have a baby sister, but soon after Stephanie was born, it was apparent that I was seeing less and less of my father. By the time I turned 11, my dad and step mom had their second daughter, Kimberly. My

mom and step dad and I had more struggles than ever, but when I went to my dad's home, even though I was ignored, I felt a sense of stability.

After her two new children were born, it was *even more difficult* for my step mom to accept me. When Stephanie was five years old she asked me, "How was your daddy my daddy?" I said that my mom was married to our dad before he was married to her mom. Stephanie was excited about hearing this but her enthusiasm would soon be shattered, along with my world. Her mom told her that my dad wasn't really my dad, that I had really been adopted. I overheard, and fell to the floor realizing that I didn't fit in yet again. After that I stopped going to my dad's house—the only place I had felt any sort of normalcy.

Saturday evenings, twice a month, I hold a group at my office called **Melissa's Healing Circle**. I dialogue with attendees and their loved ones who have crossed over, and there have been pretty some pretty amazing experiences. One particularly memorable one was a spirit who described specific details about a woman's journey with Alzheimer's disease. The spirit (through me) described the nursing home she was in, including the room in detail. A gentleman's mouth dropped open. The spirit was his mother-in-law, and she was still alive! He said that everything I had described absolutely accurate. We then asked this woman (who was communicating with us in *spirit* because she couldn't speak using her body anymore) if she had any messages for her family. She asked to *stop being resuscitated*. I asked the man if the message fit and he said, Yes, that they had been doing this once a week for about two months and that he could understand that she would want it to stop.

In the beginning of this communication, I had been getting pictures very much the way I do from those who have passed. Later, I started seeing the progression of her dementia, and details of her life as she was living it. The man left, excited to tell his wife the wishes of her mother and implement them right away.

*Melissa Jagst is a medium, psychic channel, and pet psychic, and is available for individual readings—in person or over the phone, as well as email readings. She is also available to assist in criminal cases and conducts twice-monthly mediumship groups. (See news and events section for more information.) Call (505) 872-0632, email [voices@mediummelissa.com](mailto:voices@mediummelissa.com) for info, or visit her website at [www.mediummelissa.com](http://www.mediummelissa.com).*

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